

8th Congress of the European Society of Contraception  
23-26 June 2004  
Edinburgh, Scotland, UK

*"A holistic approach to sexual health: is it needed, appropriate and possible"*

## CONGRESS EVALUATION RESULTS

111 participants (7,4%) out of a total of 1.500 filled in the evaluation form.

They were asked to score as following: 4 = excellent, 3 = good, 2 = average, 1 = poor

***Please note that not all congress contributors agreed to publish their scores as they considered the return rate of 7,4% as not relevant.***

### 1. OVERALL ORGANISATION

	Average score	Nr. of answers
Welcome & registration	3,5	97
Coffee breaks	2,8	98
Lunchboxes	2,3	79
Poster presentations	3,1	90
Congress centre	3,8	101
Meeting rooms	3,7	96
Website information	3,2	76
Exhibit	3,3	83
Edinburgh city as congress location	3,8	99
Opening ceremony	3,3	71
Opening ceremony - Music performance	3,6	72
Opening reception	2,5	64
Congress dinner - food & drinks	2,9	27
Congress dinner - entertainment	3,5	24
Closing Ceremony	3,0	21

### 2. SCIENTIFIC SESSIONS, GROUPED PER DAY

#### WEDNESDAY 23 JUNE 2004

##### 17:30 - 18:30, Opening Ceremony

	Speaker	Average score	Nr. of answers
Edinburgh's history: how the Scots invented the modern world!	D. Baird	3,3	71
What is the conference about? What does holism mean - relevance	P. Hannaford	3,2	71

#### THURSDAY 24 JUNE 2004

##### 08:30 - 10:00, State of the Art Session 1, STIs

	Speaker	Average score	Nr. of answers
Importance of the problem	M. van de Laar		
User issues / holistic model	J. Adams	3,3	36
Integrated services	P. Greenhouse	3,3	34

**08:30 - 10:00, Workshop/Forum 1, Tailoring services for adolescents**

	Speaker	Average score	Nr. of answers
Introduction	D. Apter	2,9	17
Tailoring services	D. Apter	2,9	19
Types of services	A. Hadley	3,1	18
Information and technology	S. Van der Doef	2,9	17

**08:30 - 10:00, Society/country slot 1 - Society of French Speaking Countries of Contraception, Nouveaux concepts en contraception**

	Speaker	Average score	Nr. of answers
Nouveau regard sur les dispositifs intra-utérins	D. Serfaty	3,2	5
Risque cardio-vasculaire de la pilule en 2004 - Actualité et perspectives	T. Farley	3,0	4
Intérêt d'un nouveau progestatif, la nesterone, en contraception	R. Sitruk-Ware	3,8	5
L'impact glucido-lipidique d'une association éthynyl-estradiol/drosipirénone en contraception	U. Gaspard	2,8	5

**08:30 - 10:00, Workshop/Forum 2, Edinburgh contribution to reproductive and sexual health**

	Speaker	Average score	Nr. of answers
Introduction	A. Glasier	3,7	23
The uterus as a target for contraception and therapeutic invention	H. Jabbour	3,3	26
Falling sperm counts - should men blame their mothers?	R. Sharpe	3,7	27
No need to bleed - contraception and amenorrhoea	D. Baird	3,4	29
Emergency contraception probably won't change the world	A. Glasier	3,7	30

**10:30 - 12:00, Keynote Session 1, Contraception from a holistic perspective**

	Speaker	Average score	Nr. of answers
Introduction	S. Skouby	3,1	80
Benefit and harm	J. Drife	3,4	91
Provider perspective	M. Short	2,7	87
User perspective	T. Belfield	3,5	92
Services	O. Loeber	2,8	86
Discussion		2,8	55

**13:00 - 14:00, Meet the Experts A**

	Speaker	Average score	Nr. of answers
ME 1	R. van Lunsen	3,5	10
Psychosex (general)	G. Wakley	3,5	10
ME 2	P. Crosignani	3,2	12
Contraception and perimenopause	A. Gebbie	3,5	14
ME 3	M. Lech	3,4	7
Sterilisation	J. Newton	3,5	8
ME 4	A. Webb (UK)	3,3	8
Emergency contracept. (practical issues)	V. Prilepskaya	2,7	7
ME 5	C. French	2,7	6
Teamworking in sexual health (skill mix)	Y. Hazeveld	2,3	6
ME 6	A. Bigrigg	3,1	8
Developing integrated services	S. Özalp	2,9	8

**14:30 - 16:00, State of the Art Session 2, Appropriate screening in sexual health**

	Speaker	Average score	Nr. of answers
Should we screen?	P. Greenhouse	3,6	24
Chlamydia Screening programs	S. LaMontagne	3,3	24
Ethics/psychology	S. Carr	3,2	23

**14:30-16:00, Workshop/Forum 3, IU contraception**

	Speaker	Average score	Nr. of answers
STD and IUD for adolescent contraception	R. Beerhuizen	3,1	17
When to change an intrauterine contraceptive device routinely?	I. Batar	3,0	17

**14:30-16:00, Workshop/Forum 4, Clinical Research Issues**

	Speaker	Average score	Nr. of answers
Strength and limitation of evidence based medicine	F. Helmershorst	2,9	9
(title not available at time of printing)	P. Hannaford	2,6	11

**16:00-18:30, State of the Art Session 3, Non Contraceptive Effects**

	Speaker	Average score	Nr. of answers
PCOS	D. Cibula	3,3	45
Endometriosis	G. Crosignani	2,9	42
Breast and Bone	A. Glasier	3,4	39
DUB	I. Milsom	3,3	38

**16:00-18:30, State of the Art Session 4, Abortion**

	Speaker	Average score	Nr. of answers
Methods: European issues	C. Fiala	3,8	20
Home administration	Ph. Lefebvre	3,4	19
Global and Ethical issues	H. Goldstein		
Influencing politics	M. Lech	3,3	18

**FRIDAY 25 JUNE 2004****08:30 - 10:00, State of the Art Session 5, Risks - the individual perspective**

	Speaker	Average score	Nr. of answers
Determinants of sexual and reproductive behaviour	R. van Lunsen	3,3	37
Individual risk perception in STI prevention	N. Bajos	2,9	38
Risk and unwanted pregnancy	O. Graham	3,2	38

**08:30 - 10:00, Workshop/Forum 5, Intercultural communication**

	Speaker	Average score	Nr. of answers
Introduction	I. Mouthaan	2,8	8
Coping with intercultural topics in sexual and reproductive health (care) in the Netherlands	M. de Neef	3,2	9
Cultural topics in gynaecological health care in the south of France	R. Coudane	3,0	5

**08:30 - 10:00, Workshop/Forum 6, WHO Workshop, Microbicides & spermicides**

	Speaker	Average score	Nr. of answers
Microbicides: The Science	J. van de Wijgert	3,7	9
Microbicides: The Ethics	K. Shapiro	3,1	11
Spermicides: The Lesson	B. Raymond	3,6	12

**08:30 - 10:00, Society/country slot 2- ESHRE, Hormonal contraception without estrogens**

	Speaker	Average score	Nr. of answers
Overview of progestogen-only contraception	A. Glasier	3,6	30
Medical eligibility	S. Skouby	3,0	28
The contraceptive effects of anti-progestogens	D. Baird	3,3	26

**10:30 - 12:00, Keynote Session 2, Sexual health in a multicultural society**

	Speaker	Average score	Nr. of answers
Introduction		3,1	40
Diversity in sexual health: problems and dilemma's	J. Rademakers	3,3	79
Consumer/client perspective	A. Andro	2,8	32
Strategic perspective of the English National Sexual Health Strategy	J. Mezzone	3,2	82
Organisation of (specific) services	A. Imhoff-Köprülü	1,9	80
Discussion		3,1	44

**13:00 - 14:00, Meet the Experts B**

	<i>Speaker</i>	Average score	Nr. of answers
ME 7	J. Newton	3,4	8
IUDs	D. Serfaty	3,0	7
ME 8	A. Szarewski	4,0	8
Breast cancer & hormones, current advise	C. La Vecchia	3,6	9
ME 9			
Female sexual arousal disorder: does it exist?	R. van Lunsen	3,5	8
ME 10	F. Helmerhorst	3,3	9
Doing a cochrane review	D. Grimes	3,3	4
ME 11	D. Cibula	3,4	8
Polycystic Ovarian Syndrome	S. Skouby	3,4	8
ME 12	S. Brown	3,4	7
Working with the media	T. Belfield	3,4	8

**14:30 - 16:00, State of the Art Session 6, Risk communication**

	<i>Speaker</i>	Average score	Nr. of answers
How do we measure risks in epidemiological terms?	T. Farley	2,9	34
How do we communicate risks?	A. Herxheimer	3,3	33
Coping with scares	H. Schneider		

**14:30 - 16:00, Workshop/Forum 7, Special Needs**

	<i>Speaker</i>	Average score	Nr. of answers
Learning Disability	C. Fanstone	3,2	11
Physical disability	D. Thompson		

**SATURDAY 26 JUNE 2004****08:30 - 10:00, Workshop/Forum 8, Cardiovascular disease: is screening needed for clinical reasons?**

	<i>Speaker</i>	Average score	Nr. of answers
New insights in the mechanisms of trombosis	J. Jespersen	3,8	22
Clinical perspective	S. Skouby	3,8	22

**08:30 - 10:00, Society/country slot 3 - Spanish Society of Contraception**

	<i>Speaker</i>	Average score	Nr. of answers
Anticonceptive use in Spain	C. Coll Capdevilla		
Consensus conference on IUD in Spain	F. Martinez Sanadrés		
Consensus conference on hormonal contraception	I. Lete Lasa		

**08:30 - 10:00, Workshop Forum 9, Emergency contraception & adolescents**

	<i>Speaker</i>	Average score	Nr. of answers
Delivery of EC without medical prescription: the French experience	E. Aubény	3,0	3
The importance of EC in adolescents	I. Savelieva	3,0	3

**08:30 - 10:00, Workshop Forum 10, Contraception in cyberland: triple Dutch**

	<i>Speaker</i>	Average score	Nr. of answers
Introduction	O. Loeber	2,8	13
Cybersex doesn't need contraception, but what kind of information can be found on the world wide web?	R. Beerthuisen	2,8	13
Pharmaceutical service sites: whom do they serve?	H. van der Slikke	2,8	15
Prescription online: the one hour after pill more efficient than the morning after pill	R. Beerthuisen	3,1	15
Looking for evidence about contraception on the internet	H. van der Slikke	3,4	15

**10:30 - 12:00, State of the Art Session 7, Male and female steroidal contraception**

	<i>Speaker</i>	Average score	Nr. of answers
New developments	S. Skouby	3,3	50
New progestins	R. Sitruk-Ware	3,5	55
Male steroidal contraception	R. Andersen	3,5	54

#### 4. OVERALL SCORE

Delegates were asked to fill in an overall score with regards to the quality of the scientific programme, on a scale from 1 to 10 (1 being insufficient and 10 being excellent).

Overall score = 7,9

Details:

Score	Nr. of answers
10	12
9	18
8	39
7	21
6	5
5	1
4	5
3	0
2	0
1	0
Total:	101

#### 5. DID THE 8<sup>TH</sup> ESC CONGRESS FULFIL YOUR EXPECTATIONS?

Score	Nr. of answers
yes	89
no	6
no opinion	5
Total:	100

#### 6. YOUR PERSONAL EXPERIENCE

Delegates were asked what they gained from this congress personally (more than one answer possible):

Answers	Nr. of answers
advanced my knowledge	86
appreciated that the conference covered a wide range of topics within the field of contraception and sexual health	72
networking	64
the opportunity to visit Edinburgh	55
changed my opinion/attitude/ideas about the topics which have been covered	26
advanced my skills	23

#### 7. SUGGESTIONS & REMARKS:

A glance of the most relevant suggestions & remarks (32 respondents in total):

##### About the 8th congress:

- accept more delegates to the Meet the Expert sessions
- too many posters
- too much overlaps in scientific programme
- better pre-conference information/more regular website updates
- more water & coffee stations
- Scottish dancing (gala dinner) was excellent
- suitable congress venue
- very high standard presentations
- excellent free communications

##### For future congresses:

- more workshops
- more Meet the Experts type of sessions (excellent for improving clinical practice)
- more poster presentation sessions
- less keynotes as too short
- also to evaluate: free communications and sponsored symposia, the discussions in workshops and Meet the Expert sessions
- organise sessions/events specifically for nurses & initiate opportunity for nurses to present papers
- avoid delegates to go constantly in & out of rooms during the scientific sessions
- start of congress day not before 9 a.m.
- ban mobile phones and cameras with flash
- more attention to vegetarian food
- provide a participant list
- limit congress to 2 full days only (start on Wednesday noon - end on Friday afternoon)
- provide PPT presentation instructions to speakers

Suggestionsof topics for future congresses:

- vasectomy techniques
- pharmacology of sex hormones
- psychosexual issues
- contraception for women post transplants with cardiac disease, with cystic fibrosis etc.
- sexual health for sex workers
- ethical/sociological issues of sexual health
- nurse prescribing issues, nurse-led services research
- genetics in sexual health
- practical management issues - how to treat/manage side effects of different contraceptives
- the history of contraception and/or abortion
- emergency care and later treatment & psychological guidance of the sexually abused individual
- the Islam and reproductive health - reproductive health/contraception with respect to all religions
- descriptions of integrated sexual health services which work well
- examples of best/good practice
- how to engage the politicians in funding sexual health services
- hormones and breast cancer - how can we select high risk women?
- the male perspective contraception
- infertility
- consultation models
- teaching methodology
- mechanisms and management of breakthrough bleeding